

Give Your Patients Fast Access to Mental Health Support

SilverCloud® by Amwell® delivers evidence-based digital Cognitive Behavioural Therapy (CBT) that supports your patients in thinking and feeling better.

The SilverCloud® platform has partnered with the HSE to increase access to digital CBT programmes on a national level.

The partnership aims to work with GPs to provide patients with comprehensive mental health support outside appointment hours and while they wait for an appointment with a mental health service. Ask your GP, Primary Care Psychologist, Counselling in Primary Care or Jigsaw or find out more



SilverCloud® programmes can be used by patients:

- While they wait to see a mental health professional
- Between appointments
- Post treatment to maintain recovery

Up to
89%

of users indicated that they believed that SilverCloud could work for them before commencing treatment¹.

94%

user satisfaction².

Helped over
1M

patients globally to think and feel better

Offer an instant solution, with proven outcomes to support your patients.

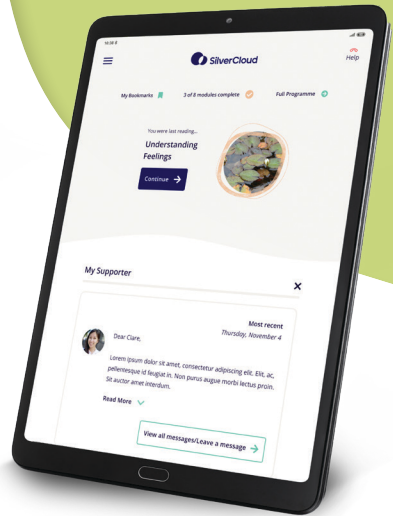
1. <https://www.silvercloudhealth.com/ie/hse-digital-mental-health/>
2. Data from the SilverCloud platform

The SilverCloud® platform:

- Helps you meet patient demand, with scalable evidence-based support
- Has been created by experts and is backed by leading research
- Is trusted by thousands of clinicians around the world

How to refer

- Send your referral to silvercloud@healthmail.ie using your HealthMail email address. You must include patient/client full name, email address and date of birth. You should also include GP name and email address in case of escalation.
- The SilverCloud Admin team will contact your client/patient and invite them to create an account. This gives them access to the SilverCloud platform which can be accessed on any device.
- Once the referral is accepted, the client/patient can log in and will be assigned a clinical supporter who will contact them weekly, guiding them through their program. The client/patient can also access self-guided support anytime, even after they complete the program



What programmes are available?

SilverCloud programmes can support patients experiencing:

- *Anxiety*
- *Anxiety & Depression*
- *Depression*
- *Generalised Anxiety Disorder (GAD) Anxiety*

For more information about the programmes and how to refer your patients.



SilverCloud®
by Amwell®

