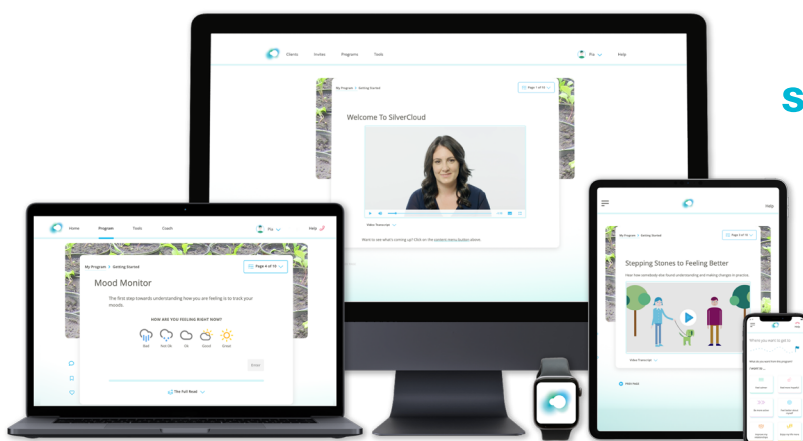
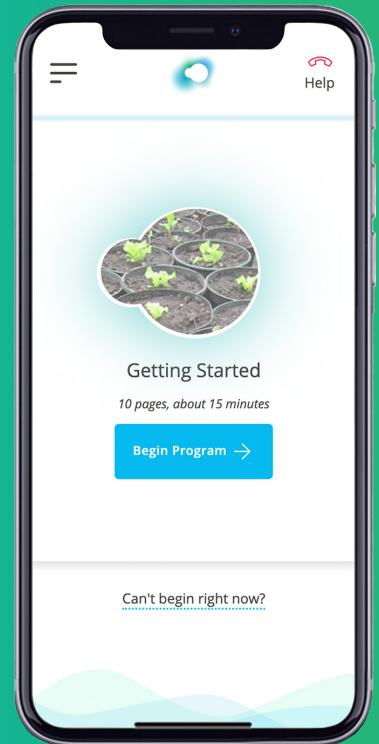
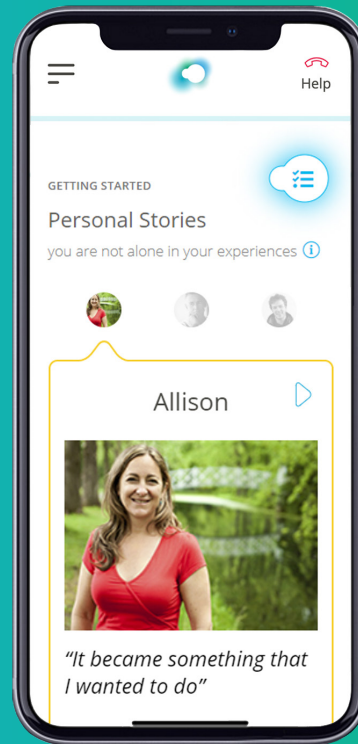




**SilverCloud**  
Digital Mental Health Platform

## On-Demand Mental Health Care by SilverCloud

SilverCloud is a digital therapy platform providing evidence-based programs and support that measurably improves mental health and wellness. The platform delivers anytime, anywhere access to interactive content, tools and videos making it easy for people to be more engaged in their health. Programs are delivered as self-guided or guided support from a coach. Companies partner with SilverCloud to help employees become happier, healthier and more productive leading to care savings and better business outcomes.



**SilverCloud offers a full spectrum of mental health and wellness programs**

**Stress  
Resilience  
Sleep**

**Depression  
Anxiety  
COVID-19**

**Most importantly, we help make people better**

**65%+**

of users show clinically significant improvement in anxiety and depression symptoms

**94%**

user satisfaction rating

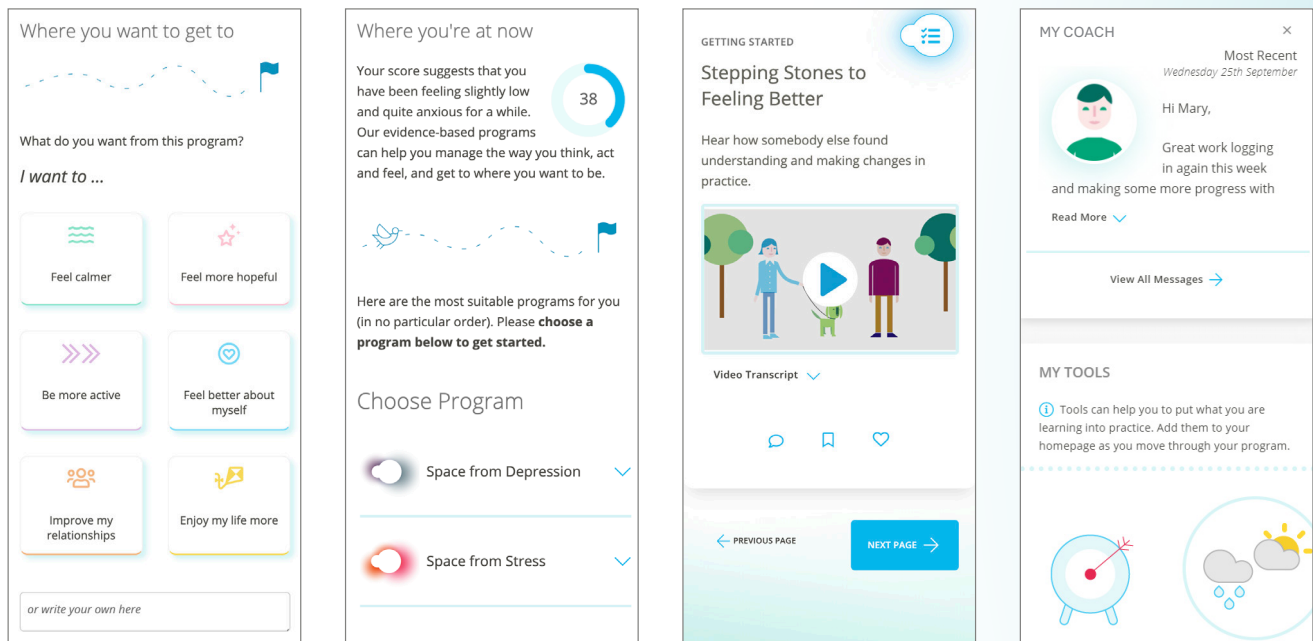
**70%**

of users who log in more than once, continue to access SilverCloud after 4 weeks



**SilverCloud**  
Digital Mental Health Platform

## SilverCloud Health is a new kind of care for mental health & wellness



**Personalized**

**Measurable**

**Engaging**

**Supportive**

SilverCloud offers a digital therapy platform delivering the right care at the right time. Our tools and programs help people improve behaviors and make healthier decisions.

## Benefits for Employers



**Fast mental health support**



**Real-time health insights & reports**



**Direct care savings**



**Preventative care approach**



**Reduce absenteeism**



**Improve productivity**