

MAKING SPACE FOR HEALTHY MINDS

Our Story

SilverCloud Health is a multi-award-winning global health technology company that is committed to solving the ever-growing challenge of providing patients with cost-effective, scalable and timely clinical care. Based on over 16 years of continuing research, SilverCloud is an adaptive, easy-to-integrate, digital mental health platform that enables you to deliver better mental healthcare without compromising quality or outcomes.

Improve Patient Outcomes

65%

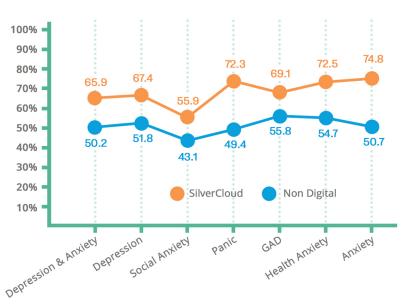
of users show clinically significant reduction in sympton scores¹ **75%**

of users show decrease in both anxiety and depression scores after treatment² **10**x

up to ten times capacity improvement

- 1. Reduction on PHQ-9 depression score of 4+, or reduction on GAD-7 anxiety score of 3+
- 2. Decrease in score on both PHQ-9 and GAD-7 questionnaires at completion of treatment

SilverCloud Patient Recovery Rates Versus Non Digital Therapy





Our Partners

Healthcare Providers

OPTUM" KAISER PERMANENTE®

Healthcare Payers

Corporate vodafone

Yale

Pharma

Technology

MSD MSD MERCK Research



Our Research

Indication and Study	Ongoing	Review or Published	Collaborators
Depression, Anxiety RTC: A randomized Controlled Trial of an Internet Delivered Treatment			Trinity College Dublin College Dublin Tour supporting light through depression Tour supporting light through depression
Depression, Anxiety Internet delivered interventions – Link between adherence / engagement and outcomes			Aware Signature Trimity College Dublin Calassa trionstot, data da Cana Trimity College Dublin Calassa trionstot, data da Cana Trimity College Dublin Calassa trionstot, data da Cana Trimity College Dublin Calassa Trionstot
Bipolar Disorder Clinical feasibility of online recovery kit for bipolar disorder			Seirbhís Sláinte Building a Níos Fear Better Health á Forbairt Service
Depression Implementation of a culturally adapted version of Space from Depression Program			unab
Depression, Anxiety Blended internet-delivered and face-to-face CBT vs. face-to-face CBT for depression and anxiety: protocol for a non-inferior feasibility trial			UCLA Health System OPTUM®
Depression, Anxiety, Stress Effectiveness and acceptability of internet-delivered treatment for depression, anxiety and stress in university students			University of Minnesota
Depression Effects of online intervention in severely depressed patients			Sussex Partnership NHS Foundation Trust
Depression, Anxiety RCT: a randomized controlled trial of an internet-delivered treatment compared with TAU			Berkshire Healthcare NHS Foundation Trust The University Of Sheffield.
Depression, Anxiety, Eating Disorders Multisite delivery to student population of internet based interventions			Stanford University PennState Washington University in St. Louis
Depression, Anxiety Delivery of depression, anxiety treatments at a primary care setting – mapping ROI and acceptability			Yale Health vizient.

Our Programs

Space From Anxiety

Space From Health Anxiety

Space From GAD

Space From Social Anxiety

Space From Stress

Space From Money Worries

Space From OCD

Space From Depression

Living Well With Diabetes

Space From Panic Space From Phobia **Space For Sleep**

Bipolar Toolkit

Space For Resilience

Space From Depression & Anxiety

Space For Positive Body Image

Space In COPD From Depression & Anxiety

Space In CHD From Depression & Anxiety

Space In Chroinc Pain From Depression & Anxiety

Space In Diabetes From Depression & Anxiety